

Circle of Security® Parenting **FREE COURSE**



When: Check this terms 'What's On' for current details

Join us for the 8 week course

2hour session with refreshments and crèche provided each week

Where: Darlington Children's Centre,
12a Kurrajong Place, Seacombe Gardens

In a supportive group environment, we will explore and develop a shared understanding of:

- the Circle of Security as a roadmap for understanding and responding to our children's needs
- the impact of our own experiences of being parented on how we parent our children
- the steps involved in building a secure relationship with our child
 - new ideas for supporting children with big feelings and behavior
 - understanding our struggles and successes with our children

Bookings essential: please contact Darlington Children's Centre on 8296 2686